

Reach Haiti Ministries Orientation Packet

create hope. spread wisdom. bring life.



We at RHM are so excited that you are interested in serving in our medical facility. We designed this packet to give you an idea of what to expect when serving with us as well as what our hearts and desires are.

While preparing to come, if you have any questions feel free to contact us at:
reachhaiti@gmail.com

Welcome to RHM! We are so happy that you are coming and serving with us! Our team has put together this packet to help better prepare you for your time in Haiti.

Reach Haiti is:

Empowering and enriching the lives of the people in Haiti through development, discipleship, education and spreading the Gospel."

When serving on a trip with us remember these three things:

1. **Be Flexible!**
 - a. Things don't always go to plan unfortunately. Be willing to change your plans as well as be patient when things don't go to plan!
2. **Be Safe**
 - a. Listen to RHM Staff and their direction. If they make a decision, or change of plans it is usually because they are looking out for your safety. Trust them and your leaders!
3. **Be Humble**
 - a. Working with the people of Haiti can be an eye opening experience. Get to know the people around you and allow them to teach you many things. You will have a great experience!

Travel Information

Passport:

- A current passport is required to travel to Haiti. Our recommendation is to have the expiration date be at least 6 months away from the end of your trip.
- A visa is not required to travel to Haiti
- We recommend carrying a copy of your passport separate from your passport
- When entering the country you will fill out a green card. You will be handed the bottom half which is your departure card. Hold onto this for your whole trip! You need this to leave the country!

Vaccinations

- RHM encourages all team members to obtain recommended vaccinations and preventative medications prior to their mission trip.
- Remember that some vaccines are given several weeks in advance of travel or you may have to return several times to get all of the vaccinations needed before travel.
- Most vaccines are available from your primary care provider (PCP) or from a local pharmacy with a prescription from your PCP. Insurance often pays for updating routine vaccines, but may not cover vaccines specific to foreign travel.
- Please check with your specific insurance provider to be sure. Travel clinics and health departments also offer vaccines. Check the CDC website for all recommended vaccines prior to your trip @ <http://wwwnc.cdc.gov/travel/destinations/traveler/none/haiti>

RHM Rules

- Have a Christ like attitude, be willing to give and take, to maintain the spirit of unity and harmony in the group, and to extend politeness and courtesy to those with whom we come in contact (missionaries, nationals, team leaders and members.)
- Be flexible.
- Please respect the personal space of RHM staff and all missionaries living quarters.
 - Missionaries rooms are off limits to all visitors unless otherwise invited.
- Quiet time is from 11:00pm to 7:00am.
- Males are not allowed in females' rooms, and visa versa.
- Be considerate of others when using bathrooms. Take short showers!
- No open food or beverages anywhere, except the dining area. Ants and bugs get everywhere! (Always clean up after yourself.)
- For your safety, never leave the compound without prior approval and never without a RHM staff member.
- Smoking, illegal drugs, or alcohol are strictly prohibited.
- No foul language.
- Please do not give gifts or money to anyone without going through the ministry first. If you would like to bless someone, we will be glad to pass it through the ministry to them and let them know it was given from you. This helps us create loyalty to the ministry longterm.
- Do not make promises of any kind.
- Due to cultural considerations, when out in the public eye, be mindful of public displays of affection.
- NEVER wander off or go exploring by yourself.
- Do not give your telephone number to anyone and be cautious when giving your address or email address
- Be at all meals, even if you don't plan to eat. Announcements often happen there, and it is a good time for fellowship.
- Our ministry loves to have fun but be mindful! Please be cautious with pranks and practical jokes. We don't want them to get out of hand, property to get damaged, or feelings to get hurt and stunt ministry.
- Dress Code: We set a dress code to respect the culture around us. We want to respect the people of Haiti and also allows doors to be opened for ministry. Follow the following guidelines so you can connect with the people of Haiti.
 - Women: When outside of our compound/areas of ministry wear dresses or skirts. Keep shoulders covered (no spaghetti straps). When in the orphanages or doing construction, shorts and shirts are acceptable. Remember to always dress modest and appropriate. If bathing suits are being used on your trip, please choose an appropriate one piece.
 - Men: Pants and collared shirts are appropriate for church and outside of our compound/areas of ministry. When in the orphanages or doing construction, shorts, tshirts, ec. are acceptable. Remember to always dress modest. If bathing suits are used on your trip, please choose appropriate swim trunk length (no speedos).

Packing List

Use the following items to help you pack and prepare for the trip!

● Clothing

- Skirts/dresses
- Shirts/t-shirts
- Shorts
- Church-outfit
- Shoes- have good supportive shoes for walking as well as shower shoes!
- Undergarments
- Options for cold
 - If you are traveling to Foret des Pins on your trip you will want to bring clothes for the cold! Ex. sweatshirts, pants, jackets, cardigans. It gets very cold there!

● Toiletries

- Toothbrush
- Toothpaste
- deodorant
- Shampoo/conditioner
- Soap/body wash
- Hair essentials ie. combs, brushes
- Shaving Cream and Razor
- Glasses or Contacts
- Lotion or Aloe
- Sunscreen
- Bug Spray
- Any prescription Medicine
- Anything you may normally use

● Miscellaneous Items

- Bible
- Journal
- Pen
- Flashlight
- Hand sanitizer
- Phonecharger
- Wet wipes
- Mosquito net (optional)
- Sheets to leave
- Pillow
- Towels
- Reusable waterbottle
- Camera
- Snacks
- Sunglasses
- PASSPORT and ID

- Extra spending money for souvenirs (not necessary, but you may run into items you would like to personally purchase. Of course consult an RHM Staff member prior to purchasing an item)

Needs List

Depending on why you are coming to serve at RHM, you may have a list of items to bring down. We do require that each member brings one suitcase for themselves, and one suitcase of ministry items. Below is a list of items to bring to assist the ministry if they are not bringing items specifically for their trip.

- Toilet Paper
- Powder Detergent
- Dish Soap
- First Aid Kit
- Alcohol wipes
- Paper towel
- Clorox Wipes
- Peanut butter
- Bleach Tabs



RHM Risk Waiver & Media Release Form

P. O. BOX 5945
MARYVILLE, TN 37802
TEL(865) 2357502

Purpose: Visit and provide support to ReachHaiti Ministries in Haiti.

I, _____ want to participate in a Trip organized and run by ReachHaiti Ministries., (hereafter, "RHM," which includes all its employees, volunteers, agents, representatives, and officers, and all affiliates), or I am a parent whose child wants to participate in a Trip. As used herein, "the Trip" includes without limitation all events occurring while en route to or from or in Haiti. I understand that RHM does not want to be sued or risk liability for personal injury, wrongful death or property damage arising from or related to participation in the Trip. To obtain the privilege of participating in the Trip, I agree on behalf of myself and, if applicable, my child, to the following:

1. Personal Conduct: I understand that I am visiting Haiti as a guest of RHM. and that my actions will reflect the work and efforts of the ministry; therefore, I will display the attitude of a servant fieldworker and guest throughout this visit as well as adhere to the stringent policy of no use of tobacco, illicit drugs and alcoholic beverages around the group or at the work site. If my child is participating, I will take every action needed to assure the child's compliance. Initials: _____.
2. Risk of injury: Participating in the Trip involves risks of injury. For example, and without limitation, I understand these risks include: environmental conditions, building or equipment failure, lack of building codes, construction work or clean up, acts of God, criminal activity, contaminated food or water, disease, lack of supervision, the negligence or physical limitations of myself, my child, and others, or RHM negligence. I understand that the foregoing dangers create a risk for me (or my child) of personal injury, death, or damage to personal property ("Injury"). I freely assume these risks. Initials: _____.
3. Release and Indemnity: I forever RELEASE RHM from any and all liabilities and claims for any Injury arising out of or related to the Trip, including but not limited to any Injury caused by RHM negligence. I will not, on behalf of myself or anyone else, sue or make a claim against RHM for any Injury, even if the Injury is caused by RHM negligence. I will indemnify and hold RHM harmless from all damages, claims, and liability, including without limitation attorneys' fees and costs, related to any Injury or breach of this agreement by me or others. This indemnity and hold harmless agreement includes Injury caused by RHM negligence. Initials: _____.
4. Authorization and Insurance. If I need (or my child needs) medical care, including surgery, while with RHM, I authorize and appoint RHM, and its duly authorized agents to secure any and all available medical attention, including surgery, and specifically authorize them to sign on my behalf any and all permission forms, release forms, etc. I understand that U.S. auto and health insurance are not valid in Haiti and I have obtained international auto and health insurance for this trip (or I have knowingly declined to purchase one or both). Initials: _____.
5. Knowing and Voluntary: No one is forcing or requiring me (or my child) to participate in the Trip or to sign this agreement. I have been given the opportunity to ask questions and have my questions answered. I sign this agreement of my own free will and I fully understand its contents. This agreement applies to each participation in a Trip, including the upcoming and all future Trips, is binding on me, my child (if applicable) and our heirs and estates, and will not be modified or revoked except by an express writing signed by RHM and me. Initials: _____.
6. I consent to the use of video images, photographs, audio recordings, or any other visual or audio reproduction that may be taken during the time I (or my child) am volunteering for or present at any event or project sponsored by ReachHaiti Ministries, to be used, distributed, or shown as ReachHaiti Ministries, sees fit. Initials: _____.

We have read this contract, understand fully the content thereof.

Parent/Guardian Signature (if Participant is a minor): _____

Date: _____

Readiness Checklist!

_____ Waiver signed and mailed to P.O. Box

_____ Final Payment paid and sent into

_____ Vaccinations completed

_____ Application Completed online

_____ Question's Answered

_____ Personal Bag Packed

_____ Ministry Bag Packed

We are looking forward to serving with you down in Haiti! We hope this packet answered your questions. If you still have questions feel free to contact us at:

If you are going on one of our Medical Mission Trips, please continue reading this packet for more information!

RHM Medical Mission

Our goal is to provide service and healing to each person in Haiti through medical care, health education, and community enrichment.

Core Values:

- Providing access to medical treatment for the underserved people in the local community
- Empowering the national health care professionals
- Educating locals on community health and wellness
- Partnering with ministries to spread the Word of Christ through medical ministry

Participants:

To have a successful team please include:

- 3-4 nurses (RN or LPN)
- 1-3 practioners (PA, NP, MD, DO)
- Pharmacist (optional)
- Optional Personnel but very needed: Optometrist, dentist, chiropractor, physical therapist
- Ministry Support team- 3

MEDICAL PERSONNEL

Please provide the below documentations 30 DAYS prior to your trip:

- Copy of medical license
- Copy of Passport

Please scan and email these documents to reachhaiti@gmail.com

Dress Code:

While working in the medical facility, all medical personnel will be asked to wear scrubs. If on the ministry support team, women can wear skirts or dresses and men can wear nice pants and a nice shirt. This is also required when walking around the village.

Medications and Supplies

We ask that each team member look over this list and bring one suitcase full of medical supplies or medication. Another option is to also donate \$\$\$\$ so that our staff can purchase medical supplies or the clinic. Below is an outline of needed supplies and medicine and prices they typically cost in Haiti.

**Team leaders, we ask that you direct your team so that you cover a variety of the list and prevent repeats.

Supplies

- | | |
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| <ul style="list-style-type: none">● SQ/IM needles● Scalpel● IV set ups and IV Fluids● Bandages of any kind Band-aids<ul style="list-style-type: none">○ Transparent○ Drain sponges● ABD pads<ul style="list-style-type: none">○ Gauze (sterile and non sterile)● ACE bandages● Petrolatum dressings● PPE: masks and gloves especially● Alcohol and alcohol wipes● Iodine● Ambu bags● CPR masks● Nasogastric tubes/Salem Sump● Penrose drains● Splints, slings, boots, abd binders, braces etc.● Chest drain pleur-evac● Urinary catheters<ul style="list-style-type: none">○ Urinary bags● Irrigation kits<ul style="list-style-type: none">○ Urinals○ Urine collection containers○ UTI strips | <ul style="list-style-type: none">● Personal hygiene<ul style="list-style-type: none">○ Toothbrushes and toothpaste○ Soap○ Lotion○ Deodorant● PPE: gloves, gowns, masks● Skin<ul style="list-style-type: none">○ Lubricant○ Sponges○ Iodine sticks○ Duraprep○ Petroleum jelly○ Alcohol swab sticks○ Skin cleanser○ Bacitracin○ Barrier film○ Chloraprep● Skin Staplers● Sutures- multiple sizes● Syringes: 1, 3, 4, 10, 20, 30, 60cc sizes● Pediatric Needs:<ul style="list-style-type: none">○ Bottles/nipples○ Baby powder○ Bulb syringes○ Diapers○ Heel warmers and lancets○ Pediatric sizes of all of the above-splints, bp cuffs, ambu bags and masks, catheters etc. |
|--|---|

Medications

Antibiotics Pediatric Suspension:

Ampicillin Oral Susp. 250mg/5ml

Amoxicilline

Rocephin

Antibiotics Oral

Amoxicillin 500mg tabs

Azithromycin 500mg

Bactrim

Ciprofloxacin 500mg

Cephalexin

Doxycycline 100mg

Metronidazole 250mg or 500mg

Penicillin

Sulfametoxazole/Trimethoprine

Injectables

Ceftriaxone 250mg

Ceftriaxone 1G

Lidocaine 1%

Ophthalmic Antibiotics

Gentamycin or any other

Erythromycin eye ointment

Ear Drop Antibiotics

Ciprofloxacin

Gastrointestinal

Ranitidine 150mg

Omeprazole 20mg

Lansoprazole

Albendazole oral suspension

Albendazole 400mg

Metronidazole 500mg or 250mg

Genitourinary

Miconazole/Tinidazole

AZO

Respiratory

Albuterol

Prednisone

Malaria

Doxycycline (see above)

Chloroquine

Anti-fungal

Nystatin suspension

Fluconazole 150mg

Dermatology/Scabies

Permethrin 5%

Silver Sulfadiazine 1% Cream

Mupirocin 2% ointment

Diabetes

Metformin 500mg

Glyburide

Glipizide

Blood Pressure

Lisinopril 10mg

Lisinopril 20mg

Enalapril 5mg

Enalapril 10mg

Atenolol 50mg

Hydrochlorothiazide 25mg

Nifedipine

